

It's National Heart Month!  
Save Money Now On Your  
Cholesterol Medications!



**February 2013**

According to our records, you may be one of many Americans who take a statin prescription medication to help lower your cholesterol level. Did you know that reaching your cholesterol goal may be more affordable than ever? In fact, you may qualify for a free 30-day trial of simvastatin, lovastatin or pravastatin.

If you take a brand-name statin cholesterol medication such as **Advicor<sup>®</sup>, Altoprev<sup>®</sup>, Crestor<sup>®</sup>, Lescol<sup>®</sup>, Lescol XL<sup>®</sup>, Lipitor<sup>®</sup>, Livalo<sup>®</sup>, Mevacor<sup>®</sup>, Pravachol<sup>®</sup>, Vytorin<sup>®</sup> or Zocor<sup>®</sup>**, ask your doctor if a generic medication is right for you.

Generic cholesterol medications simvastatin (generic Zocor), pravastatin (generic Pravachol), atorvastatin (generic Lipitor) and lovastatin (generic Mevacor) have been proven safe and effective in lowering cholesterol in most patients. Although there are no generic equivalents for Advicor, Altoprev, Crestor, Lescol XL, Livalo, and Vytorin, simvastatin, pravastatin, atorvastatin and lovastatin are appropriate generic options.

When used at comparable doses, clinical studies demonstrate that all statin cholesterol medications can provide similar results in lowering cholesterol.<sup>1</sup> For example, 40mg of atorvastatin daily should provide the same cholesterol-lowering effect as 10 mg of Crestor daily.

### **Switching to a generic cholesterol medication may save you money!**

Lovastatin, pravastatin, atorvastatin and simvastatin are all covered under your prescription drug benefit as generic medications (**lowest copayment/coinsurance amount**). *Whether you pay a flat dollar copayment or a percentage of your medication costs through coinsurance, you may see significant savings when you switch to a generic cholesterol medication.*

You may have the opportunity to save money by purchasing your prescriptions through our pharmacy mail-service partner, **PrimeMail**<sup>®</sup>. Check your prescription benefits to verify coverage and savings through mail order. For more information about our mail-service pharmacy partner, contact PrimeMail at 1-866-260-0487 or visit our website at [excellusbcbcs.com](http://excellusbcbcs.com).

For more information about generics, visit our website at [excellusbcbcs.com](http://excellusbcbcs.com).

Always consult your doctor before making any medication changes. **Before filling your next prescription, ask your doctor if a generic cholesterol medication is right for you.**

1. Drug Class Review HMG-CoA Reductase Inhibitors (Statins) and Fixed-dose Combination Products Containing a Statin Final Report Update 5 Nov 2009. Web address (accessed January 23, 2013): [http://derp.ohsu.edu/final/Statins\\_final\\_report\\_update%205\\_unshaded\\_NOV\\_09.pdf](http://derp.ohsu.edu/final/Statins_final_report_update%205_unshaded_NOV_09.pdf)