



**WE HELP YOU NAVIGATE  
THE HEALTH CARE SYSTEM  
SO YOU CAN LIVE FEARLESS —  
NO MATTER WHAT.**

Managing and coordinating health care needs isn't always easy. Situations can make it difficult to keep up with tasks like scheduling appointments or staying in touch with providers. That's why our case management team is here. We want to help you Live Fearless by connecting you with programs that make it easier to continue improving your overall health and quality of life:

- **Bright Beginnings**
- **Behavioral Health**
- **Children's Health**
- **Foster Care Services**
- **Physical Health**
- **Disease Management**
- **Long Term Support Services**
- **Community Connections**

With just one phone call, you can learn about any of these programs. Call today and get the support you need from our experienced team of nurses, social workers and mental health professionals.

**YOU DON'T HAVE  
TO FACE LIFE'S  
CHALLENGES ALONE.**

Call today to get in touch with our case managers for a simpler health care experience. We'll help with managing your care – and allow you to continue to Live Fearless.

**TOLL FREE:  
1-844-694-6411**

**TTY: 1-800-662-1220**

**HOURS:  
M-F 8AM-5PM**

A nonprofit independent licensee of the Blue Cross Blue Shield Association

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。



**SAFETYNET CASE MANAGEMENT**

**SPECIALIZED  
PROGRAMS.  
PERSONALIZED  
CARE.**

Find a helping hand when you need it most with a variety of programs that are free for those who qualify. Connect with support and community resources through one of the most trusted names in care.

# GET VITAL EDUCATION AND SUPPORT FOR A WIDE RANGE OF LIFE SITUATIONS.

Each of our case management programs is focused on specific needs. No matter your situation, our teams will do what they can to simplify your care and improve your quality of life at no cost to those who qualify.



## BRIGHT BEGINNINGS

Whether you're pregnant or have a young child at home, keeping up with appointments and to-do lists can often become overwhelming. From breast pump and pregnancy education to arranging visits to the hospital and pediatrician, the Bright Beginnings program can help you stay on track at an important time in your child's life.



## CHILDREN'S HEALTH

Our Children's Health program is devoted to the well-being of people under 21 years of age with special health care needs, including those in foster care. We work holistically with behavioral and physical health physicians, providers and caregivers to keep information available and up to date through enrollments and changes in address.



## PHYSICAL HEALTH

Making sure those with physical disabilities or at risk for complications get the care they need is the main goal of our Physical Health program. We work with you, your family and your caregivers on everything from accessing benefits and resources to coordinating health care services.



## BEHAVIORAL HEALTH

We know how tough it can be to recover from behavioral health issues or substance use disorders. The Behavioral Health program is here to provide symptom management, link you with community resources and assist with transitions from incarceration or treatment courts.



## DISEASE MANAGEMENT

Every day, we see how fighting major diseases like asthma, COPD, diabetes, heart failure, coronary artery disease and depression can be an uphill battle. You can turn to our Disease Management team for help working toward your treatment goals, managing health care and providing helpful education.



## LONG TERM SUPPORT SERVICES (LTSS)

The LTSS program exists to improve the quality of life for those who need assistance with routine daily activities including bathing, dressing, preparing meals and taking medications. We help ensure your safety regardless of your setting and help coordinate services so you can maintain or regain functional capacity.



## COMMUNITY CONNECTIONS

If you stop using services or can't be reached, our Community Connections team will make home visits to help you reconnect with a case manager or provider. This program can also link you with community-based organizations and resources in your area, as well as provide access to a local food pantry as needed.

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