

“Sweet” Potato Fries

Prep time 15 min	Cook time 35 min	Serves 6	Serving size 10-12 Fries
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Cooking spray

2 large sweet potatoes (about 2 pounds total), peeled
and cut into 1/2-inch wedges

2 Tbsps. olive oil

1 tsp. cinnamon

¼ cup Splenda® Brown Sugar Blend

Preheat oven to 400° degrees. Spray a baking sheet with cooking spray. Place potatoes in a bowl and add oil; toss to coat. Add remaining ingredients and mix well. Place potatoes on a baking sheet and bake for 35 minutes or until potatoes are soft.



Calories* 160	Total Fat 4.5g	Total Fiber 3g	Protein 2g	Carbohydrates 28g	Sodium 35mg
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* Percent Daily Values are based on a 2,000 calorie diet.